

DAFTAR PUSTAKA

Brown A, Johnston R. *Maternal experience of musculoskeletal pain during pregnancy and birth outcomes: Significance of lower back and pelvic pain.*Midwifery. 2013;29(12):1346-51.

Carvalho MECC, Lima LC, Terceiro CA dL, Pinto DRL, Silva MN, Cozer GA, et al. *Low back pain during pregnancy.* Revista brasileira de anesthesiologia. 2017;67(3):266-70.

Darwich AA, Diwan SA. *Management of back pain in pregnancy.*Techniques in Regional Anesthesia and Pain Management. 2009;13(4):251-4.

Golob AL, Wipf JE. *Low Back Pain.*Medical Clinics of North America. 2014;98(3):405-28.

Helen Varney (2002), *Buku Saku Bidan.* Jakarta

Huliana, Mellyna. 2002. *Panduan Menjalani Kehamilan Sehat.* Jakarta :Puspa Swara.

Kristiansari, W. 2008.*ASI Menyusui Dan Sadari.*Yogyakarta : Nuha Medika.

Merdianti, 2014, *Pengaruh Yoga Terhadap Pengurangan Keluhan Ibu Hamil Trimester III,* Jurnal Kedokteran dan Kesehatan.1 (1). 47-53

Prasetyono (2010), *Buku Panduan Lengkap Bagi Wanita Yang Sulit Hamil, Tips Bisa Cepat Hamil.*Yogyakarta Gara Ilmu

Rahmawati, dkk, 2016.*Hubungan Pelaksanaan Senam Hamil Dengan Ketidaknyamanan Ibu hamil Trimester III Di Bidan Praktek Mandiri Supadmi Kunden Bulu Sukoharjo.* Jurnal Involusi Kebidanan, Vol.7, No.12,Juni 2016

Sarwono. 2009. *Ilmu Kebidanan.* Jakarta : Yayasan Bina Pustaka Sarwono Prawirohardjo

Saryono. 2009. *Perawatan Payudara Dilengkapi Dengan Deteksi Dini Terhadap Kanker Payudara.* Yogyakarta : Nuha Medika.

Unalmis Erdogan S, Yanikkerem E, Goker A. *Effects of low back massage on perceived birth pain and satisfaction*. *Complementary Therapies in Clinical Practice*. 2017;28:169-75.

WHO, 2016. *WHO Recommendations On Antenatal Care For A Positive Pregnancy Experience*. Luxembourg: World Health Organization.

Yan C-F, Hung Y-C, Gau M-L, Lin K-C. *Effects of a stability ball exercise programme on low back pain and daily life interference during pregnancy*. *Midwifery*. 2014;30(4):412-9.

Yeoh, P. L., Hornetz, K. & Dahlui, M., 2016. *Antenatal Care Utilisation And Content Between Low-Risk And High-Risk Pregnant Women*. *Journal Plos One*, 11(3), pp. 1-17.

Yosefa, Febriana ea all.(2013). *Efektifitas Senam Hamil Terhadap Penurunan Nyeri Punggung Pada Ibu Hami*. *Jurnal Online Keperawatan*, Vol 1, No 1(2014).